TRUMBULL COUNTY BOARD OF DEVELOPMENTAL DISABILITIES

Policy Section 3.16

PHYSICAL DEMANDS

A. In-service:

All staff who hold positions in which they are required to lift, carry, and move objects/students/adults as an essential function of the positions are required to attend an in-service which stresses body mechanics, prevention aspects, and safe techniques of lifting, carrying and moving. All affected staff will attend a refresher course to be held annually. *Employees are responsible to use proper techniques in the lifting, carrying or moving of participants.*

B. The physical demands of each job will be attached to the job description and signed by the employee.

C. Appropriate Dress:

Because of the need for lifting, carrying and moving, the following dress code must be followed by direct care service staff:

- 1. An employee who is in a class, group or environment where he/she may be expected to lift or be involved in a behavior intervention, must wear shoes with a flat, wide-base heel.
- Jewelry of any type could be broken, grabbed or pulled by an enrollee, and/or could inhibit moving students/adults safely and should be carefully considered before being worn. If any jewelry is broken, it will not be replaced by the Board.
- 3. Loose clothing which could be caught in wheelchairs or braces and tight-fitting clothing which could limit movement should not be worn.

Adopted: <u>1/26/98</u> Updated: <u>7/24/2012</u>