



**IDRING 2021** 

# **Bulldog Families**

**READ ACROSS AMERICA**-to celebrate the love of reading and writing many schools and organizations are coming together the first week of March to celebrate "Read Across America" week. Many schools have spirit week and highlight stories by Dr Seuss. During this week, we will be no different! We will encourage each classroom to take on the theme of Dr Seuss for the week by incorporating activities and read-alouds into our daily lessons. It is a fun, and wacky way to celebrate the love of reading!



#### Fairhaven C.I.T.E. Program

The Community Integrated Training for Employment (C.I.T.E.) is the focal point of transition to work approach implemented by Fairhaven Schools. This program provides real work experiences for students to help prepare them for competitive employment as they plan for life after school. Not only are students learning essential employability skills, but also establishing relationships with employers. Fairhaven school also partners with our Community Employment department, Direct Link. Having this partnership allows students to learn job skills from the intervention specialist as well as a job coach. The transition from school to adult life can be difficult to maneuver and our team is here to help students manage their way through the process. There are currently 4 CITE programs — Berk Industries, Verostko Inc., Fairhaven School, and STEM. If you would like more information, you can visit our website — www.fairhavenpgm.com or e-mail Jessica Mazei at



## 15 & 19 Picture Days for new students and retakes

#### SPRING RECIPE: Muffin-Tin Quiches with

Smoked Cheddar & Potato

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Servings: 6

Ingredients

2 tablespoons extra-virgin olive oil

- 1 ½ cups finely diced red-skinned potatoes
- 1 cup diced red onion
- 3/4 teaspoon salt, divided
- 8 large eggs
- 1 cup shredded smoked Cheddar cheese
- ½ cup low-fat milk
- ½ teaspoon ground black pepper
- 1 ½ cups chopped fresh spinach

Directions

Instructions Checklist

Preheat oven to 325 degrees F. Coat a 12-cup muffin tin with cooking spray.

Heat oil in a large skillet over medium heat. Add potatoes, onion and 1/4 teaspoon salt and cook, stirring, until the potatoes are just cooked through, about 5 minutes. Remove from heat and let cool 5 minutes.

Whisk eggs, cheese, milk, pepper and the remaining 1/2 teaspoon salt in a large bowl. Stir in spinach and the potato mixture. Divide the quiche mixture among the prepared muffin cups. Bake until firm to the touch, about 25 minutes. Let stand 5 minutes before removing from the tin. Tips

To make ahead: Individually wrap in plastic and refrigerate for up to 3 days or freeze for up to 1 month. To reheat, remove plastic, wrap in a paper towel and microwave on High for 30 to 60 seconds.

Equipment: Muffin tin with 12 (1/2-cup) cups

**Nutrition Facts** 

Serving Size: 2 Quiches Each

Per Serving:

238 calories; protein 13.6g; carbohydrates 10.8g; dietary fiber 1.3g; sugars 2.9g; fat 15.6g; saturated fat 5.3g; cholesterol 263.4mg; vitamin a iu 1251.1IU; vitamin c 7.3mg; folate 58.8mcg; calcium 176.9mg; iron 1.7mg; magnesium 27.4mg; potassium 376.5mg; sodium 494.3mg; thiamin 0.1mg.



Read Across America Spirit week

- My Many Color Days-Wear as many colors as you can
- 2 Cat in the Hat Day-Wear a silly hat
- 4 Fox in Socks Day-Wear silly socks
- 5 If I ran the Zoo Day-Wear camouflage or animal print
- 9 & 12 PTO Fundraiser at Rise Pies-See your flyer for more info
- 10 PTO (Zoom) meeting 7:00pm

#### **APRIL**

2-9 SPRING BREAK-NO STUDENTS OR 9 MONTH STAFF

#### MAY

- 21 Last day for non-graduating preschoolers
- 24-27 Senior week
- 25 Preschool graduation & last day for graduating preschoolers
- 27 Secondary Graduation& Senior breakfastLast day for students
- 28 Last day for 9 month staff





### **2021 GRADUATES**



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**Alex B.**—Alex is one of the hardest workers I have ever worked with. He has had many jobs throughout our school building and is very responsible. Alex is also a very kind person. He will help staff as well as other students without being told to do so. Alex loves playing basketball for Special Olympics and working at our CITE Program.

**MachKenzie B.**—MachKenzie Begg is an avid country music fan and graduates with skills in socializing with everyone who takes the time to stop and talk to her. She enjoys attention and is always cooperative when using her stander and also loves to swing outside on our playground. MachKernzie has a wonderful personality and enjoys swimming as her favorite activity. MachKenzie lives at home with her family in Mineral Ridge.

**Nikko C.**—Nikko is a senior with a great sense of humor. He loves to joke and make people laugh. Nikko is a very hard worker who tries very hard to complete any work that is given to him. His favorite activity is matching numbers (1-100). Nikko is a very talented singer, especially the National Anthem. He sings it before each basketball game. Nikko is a TRUE Bulldog.

Michael H.—After only working with Michael 1 year, he is such a happy, young man with a handsome smile. This year, Michael has made so much progress with: following the classroom routine, tracing and matching the letters in his first name, delivering iPads to all the classrooms, wiping the table before and after lunch, using his communication devices and walking and riding a bike in Gym Class! Michael has taught us So Much! Congratulations-We wish You the Best of Luck in ALL that You do!

**Kennedy J.**—Jonas Brothers number one fan, graduates with skills in fashion modeling, since she enjoys wearing the latest trends in clothing. This fashionista also likes using her voice to express her feelings. She is very lady like, always sitting pretty with her legs crossed. Kennedy has a kind, gentle personality and has shown her skills, doing well in free throw competitions. Kennedy lives at home with her family in Masury.

**Josh K.**—Josh is a bundle of energy who loves physical activity. He enjoys activities such as delivering snacks and supplies and passing out preschool lunches. He loves going to the gym and swimming classes. Josh is enthusiastic and loves the staff at Fairhaven. Josh does ceramics in his free time.

**Jason K.**—Jason is a quiet, responsible young man who loves school. He is a hard worker who is very focused and dependable. Jason's favorite thing about Fairhaven is working at The Verostko Center and playing on the Special Olympics Basketball Team. Jason enjoys going out for dinner and helping out with popcorn sales. Jason wants to work in an office after graduation.

**Lauren M.**—Lauren has made tremendous strides in becoming an independent young lady. She has also taken great pride in performing her daily vocational jobs of delivering snacks and collecting attendance bags. On behalf of Miss. Rhonda and her teachers, both past and present; we are extremely proud of her. Our hope is that she will continue to grow into the independent young lady that we have seen in the past few years. We wish you love and happiness Lauren. We will certainly miss you.

#### THE PRINCIPAL'S POST

Hello Families,

It's just crazy to think we are making our way through this year so quickly and graduation is actually in our sights! I first want to share, **we will have graduations**. We do not know what they will look like but we will have safe ceremonies for both groups.

We also want to thank you all for "hanging in there" with us and doing your best to make this year as successful as possible. To say it was a challenge is certainly an understatement, but please know we are aware that we could not have made it without your help and support. You have worked so hard with us to get through lessons and activities and some proved to be a lot of fun and others were beyond difficult. The most important part was that we worked together to get through it and, although we are not completely done dealing with this pandemic, we were able to show our children what to do when life gets tough.

The lessons our children learned as we worked to survive were lessons of kindness to our family,

friends, and neighbors. We helped those that needed it most and left deliveries on porches as a pick me up. We taught technology to others so they could "visit" online with their families. We dropped food off for those we knew were fighting COVID. We sent cards, we sent love, we sent hope. "We" all were educators as our children watched us. There may have been times when we were stressed or we cried but that taught our children it's OK to feel strong emotions. The most important lesson we taught them is we are all fighters and supporters and we will get through this together.

They say you see the real character of someone when they get bad news and have to work their way through it. Well, the character of this Bulldog Family came shining through and it showed what we always knew... we care and love and support each other.

From my heart,



